

# Trauma Informed One Day Seminar

Sydney 6th April 2020



presented by

**rafiki mwema**

*holding the hand of the future*



# About the seminar

This one-day seminar will support all professionals, parents, teachers, youth workers, adoptive parents and foster carers to understand the complexities that drive our children to show big and sometimes scary behaviours.

Throughout the seminar, Trauma and Attachment Therapist and Trainer Anne-Marie Tipper will explore how young people are driven to communicate with us through behaviour, rather than words.

Anne-Marie will help us understand what is happening for a child that shuts down or acts out.

Through the eyes of a young man who has experienced complex trauma and is able to articulate and share with us his inner feelings, we will begin to use a therapeutic approach, to connect with the child and young persons and help regulate them in their distress.

By the end of the day you will have a better understanding of shame and how that impacts behaviour, as seen in our families and professions. You will also leave better equipped to support the child to adjust and make better life choices.

This seminar is a unique opportunity to learn through the words of a young man who spent his life on the streets, our very own Rafiki Mwema graduate, Peter.

Peter will bring to life what it's like to survive extreme circumstances and will demonstrate how a young person's brain can be changed through connection, therapeutic parenting and love.

Peter is articulate, funny, and totally honest about living through trauma and how his life changed by being brave enough to accept love.

Join us for this rare experience to learn from a professional in her field and first hand from a young man who has overcome the most horrific traumas.

Living with Trauma One-Day Seminar

Rydges Hotel Sydney

6th April 2020 - 9am - 5pm

Early Bird tickets \$125 until 31 Jan 2020 only

Full price tickets thereafter \$150

Group Special 5 tickets for \$500

Ticket price includes Morning Tea, Lunch & Afternoon Tea



MORE INFORMATION  
& PURCHASE TICKETS  
[www.rafikimwema.com](http://www.rafikimwema.com)



# Background on the trainer

Anne-Marie, Director of The Annex Project (UK), is in Australia to deliver an interactive workshop where the participants will be helped to better understand the impact of early developmental trauma for children and young people and how to improve the outlook for young people who display complex and challenging behaviours.

The model is based on the work of Dr. Daniel Hughes, Dr. Julie Hudson and Dr. Kim Golding and is embedded strongly in attachment theory. It will also bring in the work of Pat Crittenden who has an attachment model (DMM) that supports Carers understanding the meaning behind behaviors young people demonstrate.

Anne-Marie's training offers a unique opportunity to learn through the words of a young boy who spent his life on the streets, our very own Peter from Rafiki Mwema.

Peter lived his childhood on the streets and will share with you how brains heal through therapeutic parenting.



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this training and others, to  
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